



A FRESH APPROACH
TO ENDING LOCAL HUNGER
formerly the Eagan & Lakeville Resource Center

The Open Door Pantry is the recipient of food donations at Valley Natural Foods from March - June 2016.

The Open Door, Eagan: 3904 Cedar Grove Parkway, Eagan
Monday thru Thurs 9 am–3 pm, Tues and Thurs, 6 pm–8 pm,
or Friday 9 am–noon

The Open Door, Lakeville: 20730 Holyoke Avenue Suite 139,
Lakeville Mall (downtown) Mon 6pm–8pm,
Wed 11am–3pm and 6pm–8pm or Friday 9am–noon

Did you know?

Round-up your purchase from March 1-31, 2016 at Valley Natural Foods. All round-up funds benefit The Open Door.

Every \$1 donated enables the food shelf to provide up to \$10 of healthy, wholesome foods.

Items often needed at The Open Door

Please drop off all donations in the donation barrel by Valley Natural Foods' exit. Please check expiration dates & do not donate expired food as the food shelf cannot use it. Thank you.



Look for the purple Co+op Basics Signs on our everyday low-priced organic grocery & household items at the co-op & donate these to the food shelf!

Dry Goods

- oatmeal
- peanut butter
- rice: brown or white
- pasta: white, whole-wheat
- dried beans: black, pinto
- vegetable and olive oils
- cereal
- flour: white, wheat, mesa
- 100% juice
- canned fruit
- canned vegetables
- diced tomatoes
- sugar: brown, white, powdered
- pancake mix & syrup
- tuna and canned chicken
- macaroni and cheese
- hearty soups
- ketchup, mustard, bbq sauce, hot sauce
- salsa, soy sauce

The Open Door is committed to distributing:

- fresh, whole foods such as fruits and vegetables, milk, cheese, eggs, meats, and poultry
- foods with high and healthy nutritional values
- low-sugar, low-sodium, low-fat, and whole grain items whenever possible

If you want to donate perishable goods to The Open Door, you must drop them off directly at one of their facilities because the co-op does not have extra refrigeration available. Thank you.

The Open Door no longer distributes:

- pop or sugar-added beverages
- candy
- bakery sweets including: cake, donuts, cookies, pastries
- ramen noodles
- chips and other salty bagged snacks
- canned pasta

Thank you for your support!