

Member-Owner Deals

MAY 5-18



1.99/lb.

ORGANIC

Pink Lady and Granny Smith Apples

Reg. 2.99/lb.



.79/lb.

ORGANIC
Watermelon

Reg. 1.29/lb.

100% grass-fed beef from Blooming Prairie Natural Beef is freshly ground in-house here at VNF!



- No Added Growth Hormones
- No Antibiotics
- No Steroids
- No Artificial Ingredients
- Minimally Processed

6.99/lb.

VALLEY NATURAL FOODS

Burger Patties
100% Grass-Fed Beef

Reg. 7.99/lb.



Wee Willy's Inc., based in Afton, MN makes small-batch comfort foods with all the homemade taste!



3.99

WEE WILLY'S
Classic Homemade
White or Red French
Dressing
12 oz.

Reg. 4.99

A VNF favorite recipe freshly hand-crafted by deli team members!



6.99

DELI FRESH
House-Made
Spinach Calzone

Reg. 7.99



*Sales good while supplies last.



Valley NATURAL
FOODS™

Member-Owner Deals

MAY 5-18



5.99

ORGANIC VALLEY
Organic Unprocessed
American Singles
12 ct.

Reg. 7.59



20% off

CULTURES FOR HEALTH
Assorted Starter Cultures

Reg. 10.99-14.99



2/\$9

JUSTIN'S
Organic Peanut Butter Cups
Dark or Milk Chocolate
4.7 oz.

Reg. 5.99



20% off

EVAN HEALY
Body Butters, 6 oz.
& Body Oils, 3.3 oz.
Assorted Varieties

Reg. 32.99-49.99



GARDEN CENTER

OPEN THRU JUNE 6
HOURS: 10 A.M. - 6 P.M. DAILY

Featuring veggies, herbs, perennials, hanging baskets and more
from Rush Creek Growers, Twin Organics, and Green Earth Growers



Valley NATURAL
FOODS™