



Member-Owner Deals

MAY 17 – 30

Local from Mondovi, WI



4.49

Wisconsin Growers
Organic Spinach or
Spring Mix
4 oz.

Reg. 5.49

9.99

Wisconsin Growers
Organic Spinach or
Spring Mix
16 oz.

Reg. 11.99

Local from Blooming Prairie, MN



6.99/lb.

Valley Natural Foods
Hamburger Patties
Regular and Bacon Cheddar

Reg. 8.99/lb.



Made here at the co-op!

5.49/lb.

Deli Fresh
Potato Salad

Reg. 7.49/lb.



3.39

Bakerly
Brioche Hamburger Buns
7.5 oz.

Reg. 4.39



3.99

Dietz & Watson
Mayo
Steakhouse Pepper,
Mixed Pepper, Chipotle
12 oz.

Reg. 4.99

*Sales good while supplies last.



Valley NATURAL
FOODS™



Member-Owner Deals

MAY 17 – 30

INTERESTED IN DOING MORE FOR YOUR CO-OP? RUN FOR THE BOARD OF DIRECTORS!

CO-OP BOARD OF DIRECTORS CALL FOR CANDIDATES

3 OPEN SEATS



Applications are open through 11:59 pm, July 14, 2023



Scan QR code to learn more and apply or visit
www.valleynaturalfoods.com/board-of-directors



**STOP BY THE
GARDEN CENTER!**

HOURS: 10 A.M. - 6 P.M. DAILY



Check back often for new plant arrivals!

REGISTER ROUND-UP

THIS MONTH, REGISTER ROUND-UP CONTRIBUTIONS WILL GO TO:



**Midwest Food
Connection**
inspiring kids to eat well

YOUR MAY REGISTER ROUND-UP DOLLARS WILL SUPPORT
MIDWEST FOOD CONNECTION, AN ORGANIZATION THAT TEACHES
KIDS ABOUT WHERE OUR FOOD COMES FROM, THE IMPORTANCE
OF EATING HEALTHY AND CARING FOR OUR PLANET.

THANK YOU FOR ROUNDING-UP YOUR PURCHASE!