

All your favorite brands

# Savings for the Holiday Season!

Look for over 60 coupons throughout the store.

save  
over \$85



find savings throughout the store!



save with **COOP deals.**

**\$1.00** off

**Vita Coco**  
Any 33.8 fl. oz. coconut water or milk

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**50¢** off

**Endangered Species**  
Any 3 oz. bar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.00** off

**Organicville or Sky Valley**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.50** off 2

**Purely Elizabeth**  
Any two hot cereals

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$2.00** off

**Laird Superfood**  
Any item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.50** off 2

**Snack Factory**  
Any two bags of pretzels

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.00** off

**Zack's Mighty**  
Any 9 oz. item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$2.00** off 2

**Yachak Organic**  
Any two 16 fl. oz. items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.00** off

**Frontier**  
Any bottled spice, herb or extract

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.00** off

**Plant Boss**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**

find savings throughout the store!



save with **coop deals.**

**\$3.00 off**

**Aura Cacia**  
Any essential oil kit

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$2.00 off**

**Boiron**  
Any Oscillococcinum item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.00 off**

**Booda Organics**  
Any item  
(excludes lip balm)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$3.00 off**

**ChildLife Essentials**  
Any item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$2.00 off 2**

**Woodstock**  
Any two 8 oz. or 10 oz.  
frozen fruit items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**50¢ off**

**Food For Life**  
Any English Muffin

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$2.00 off**

**Sir Kensington's**  
Any condiment

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.00 off**

**Lakanto**  
Any syrup or sweeteners

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$2.00 off**

**Organic Prairie**  
Any 12 oz. summer  
sausage

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.00 off**

**Epic**  
Any broths or oil item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**

find savings throughout the store!



save with **coop deals.**

**\$1.50 off 2**

**Bela Seafood**  
Any two items

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$2.50 off**

**Kalona Supernatural**  
Any organic creamtop yogurt

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$2.00 off 2**

**Eco Lips**  
Any two lip balms

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.00 off**

**EO**  
Any item  
(excludes sanitizer)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.25 off**

**Grandy Organics**  
Any packaged item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$3.00 off**

**Everyone**  
Any 32 oz. 3-in-1 soap or lotion

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.00 off**

**Cappello's**  
Any cookie dough

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.00 off**

**Tillen Farms**  
Any cherry item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.00 off 2**

**Traditional Medicinals**  
Any two teas

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$3.00 off**

**Floradix or Salus**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



find savings throughout the store!



save with **COOP deals.**

**\$1.00 off**

**Celtic Sea Salt**  
Any sea salt item

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**80¢ off**

**Bionaturae**  
Any fruit spread or nectar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**70¢ off**

**Jovial**  
Any cracker or cookie

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.00 off**

**Jason's**  
Any toothpaste

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$2.00 off 2**

**Beyond Meat**  
Any two frozen breakfast sausage patties, beefy & feisty beef-free crumbles, chicken tenders or steak strips

Present one coupon per two items purchased. Limit of four coupons per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$2.00 off**

**Natural Factors**  
Any stress relax item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$2.00 off 2**

**Numi**  
Any two items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**50¢ off**

**Rebbl**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$3.00 off**

**NeoCell**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$3.00 off**

**Oregon's Wild Harvest**  
Any capsules, extracts or tonic

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**

find savings throughout the store!



save with **coop deals.**

**75¢ off**

**Happy Family Organics**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$3.00 off**

**Organic India**  
Any supplement (excluding tea and psyllium items)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.00 off**

**Sustainable Seas**  
Any 4.25 oz. or 5 oz. canned seafood

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.00 off**

**Made Good**  
Any bar item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.50 off 2**

**Natural Sea**  
Any two canned seafood items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.00 off**

**BelGioioso**  
Any wedge item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**50¢ off**

**South of France**  
Any item (excludes travel sizes)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.00 off**

**Spectrum Essentials**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.50 off 2**

**Good Culture**  
Any two cottage cheeses

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 12/31/23.**



save with **coop deals.**

**\$1.50 off**

**Cosmic Bliss**  
Any pint

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/23.**

find savings throughout the store!



save with **COOP deals.**

**50¢ off**

**The Grandpa Soap Co.**

Any item  
(excludes travel sizes)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.00 off**

**Nutiva**

Any culinary coconut oil, ghee, or avocado oil

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.00 off**

**Traditional Medicinals**

Any Throat Coat lozenges or Smooth Move capsules

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.50 off**

**Wedderspoon**

Any drops or lozenges item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.50 off**

**Ripple**

Any 48 fl. oz. plant-based milk

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.00 off 2**

**Pacific Foods**

Any two 16.1-16.5 fl. oz. soups

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.00 off**

**Seeds of Change**

Any ready-to-heat rice

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/23.**



save with **COOP deals.**

**\$1.00 off**

**Carbone**

Any pasta sauce

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/23.**