



Member-Owner Deals

APR. 3 - 16



1.79/lb.

**Organic
Celery**

Reg. 2.29/lb.



Freshly Made In-House

8.99/lb.

**Deli Fresh
Garlic Green Beans**

Reg. 10.99/lb.



6.99

**Litehouse
Ranch Dressing Dip
11 oz.**

Reg. 8.99



13.99

**Emmi
Premium Cave-Aged
Gruyere Cheese**

Reg. 15.99



Freshly Made In-House

4.99/lb.

**Valley Natural Foods
Ground Pork & Sage
Breakfast Sausage**

Reg. 6.99/lb.



4.99

**Wholly Wholesome
Organic Traditional
Frozen Pie Shell
9-inch**



5.99

**Wholly Wholesome
Gluten-Free Frozen Pie Shell
9-inch**

Reg. 6.99-7.99

*Sales good while supplies last.



Valley NATURAL
FOODS™



Member-Owner Deals

APR. 3 - 16



8.49

Lakewood Organic Pure Aloe Juice
32 oz.

Reg. 10.49

Locally distributed - St. Paul, MN



5.49

Willa's Oat Milk
Original, Barista, Dark Chocolate
32 oz.

Reg. 6.99



BOGO

Soothing Touch Lip Balm
Unscented, Vanilla Chai, Lavender Coconut
.25 oz.

Reg. 2.49

Buy One, Get One Free!

*Sales good while supplies last.



**INTERESTED IN CO-OP INVESTMENT?
ATTEND OUR MEMBER-OWNER
SPRING SOCIAL EVENT!**

Learn more and RSVP here
www.valleynaturalfoods.com



Save the date!

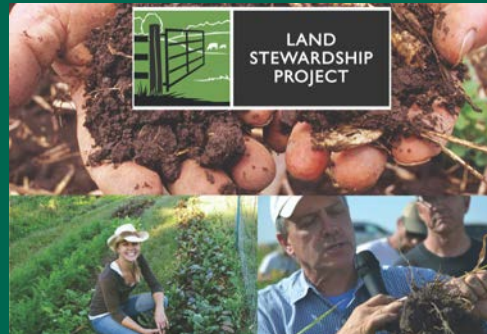
EVERYONE WELCOME



Join us on May 16 | 5-7 PM

REGISTER ROUND-UP

YOUR APRIL ROUND-UP CONTRIBUTIONS WILL GO TO:



LAND STEWARDSHIP PROJECT

**THANK YOU FOR ROUNDING-UP YOUR PURCHASE!
SCAN QR CODE TO LEARN MORE.**



THE LAND STEWARDSHIP PROJECT'S MISSION IS TO FOSTER AN ETHIC OF STEWARDSHIP FOR FARMLAND, TO PROMOTE SUSTAINABLE AGRICULTURE, AND TO DEVELOP HEALTHY COMMUNITIES.