



Member-Owner Deals

May 1 - 21



2/\$4
Organic
Baby Carrots
1 lb.

Reg. 2.49

Produced in Minneapolis, MN



3.49

Baba's Hummus
Traditional, Red Pepper,
Greek Olive, Sriracha,
Caramelized Onion, Dill
Pickle, Mediterranean, 10 oz.

Reg. 4.49

Produced in Becker, MN



2.99

Thousand Hills
Uncured Beef Sticks
Original, Cranberry & Nice Spice

Reg. 3.99



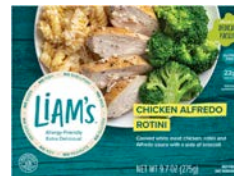
4.99

Stonefire
Nann Dippers
Original, 7 oz.

Reg. 5.99



Produced in Eden Prairie, MN



9.49

Liam's
Allergy-Friendly
Chicken Alfredo Rotini,
Beef & Pea Pods
9.7 - 10.4 oz.

Reg. 10.39



6.99

Deli Fresh
Salami & Cheddar or
Pepperoni & Cheddar
Snack Box

Reg. 8.99

Product of WI

7.99/lb.

Rochdale
String Cheese
Regular and Smoked

Reg. 9.99/lb.



4.99

Biotta
Beet Juice
16.9 oz.

Reg. 6.99

*Sales good while supplies last.



Valley NATURAL
FOODS™



Member-Owner Deals

May 1 - 21



20 % off

Shoyeido Incense
Incense and Incense holders
All Varieties

Reg. prices vary



20% off

Kalamazoo Candles
Glass Jar Candles - 9 oz.
All Varieties

Reg. 18.99



20% off

Hydro Flask
All Products

Reg. prices vary

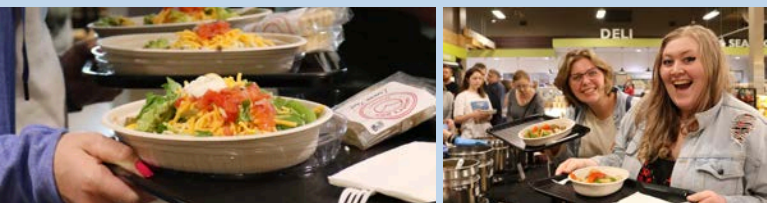
*Sales good while supplies last.

EVERYONE WELCOME!



THURSDAY, MAY 16 | 5-7 PM

JOIN US FOR OUR COMMUNITY DINNER!
ENJOY A \$4 BURRITO BOWL (VEGAN & GLUTEN-FREE OPTIONS AVAILABLE).



REGISTER ROUND-UP

THIS MONTH, YOUR ROUND-UP CONTRIBUTIONS WILL GO TO:



Empowering People.
Empowering Change.



Guild is a not-for-profit organization that offers integrated mental health, housing, and employment services to individuals living with mental illness and/or experiencing chronic homelessness.