



# Member-Owner Deals

July 31-Aug 20



## 4.99/lb.

Local and Organic  
Heirloom Tomatoes



## 4.49

Stonefire  
Nann Dippers  
Original, 7 oz.



Reg. 5.99/lb.

Reg. 5.99

*Hydroponically Grown in Minneapolis, MN*



## 5.99

Urbanize Farm  
Organic Sweet Basil  
1.5 oz.



## 7.99

La Terra Fina  
Dip & Spread  
Dill Pickle, Tzatziki Feta,  
Spinach Artichoke & Parmesan,  
Jalapeno Pepper Jelly  
10 oz.



Reg. 6.99

Reg. 8.99

*Produced in Becker, MN*



## 2.99

Thousand Hills  
Uncured Beef Sticks  
Original, Cranberry & Nice Spice  
3.2 oz.



## 3.39

Bakerly  
Brioche Hamburger Buns  
4 pk.



## 3.99

Bakerly  
Brioche Hot Dog Buns  
6 pk.



Reg. 3.99

Reg. 4.39

Reg. 4.99

\*Sales good while supplies last.



# Valley

NATURAL  
FOODS™



# Member-Owner Deals

July 31-Aug 20

Produced in Minneapolis, MN



2.49

**Bryn Mawr Soap Company**  
Gardener Bar Soap  
4.25 oz.



9.99

**Liquid IV**  
Hydration Multiplier  
Lemon Lime, Strawberry,  
Tropical Punch, Yuzu Pineapple  
10 Count Box



Reg. 4.49

Reg. 17.99

\*Sales good while supplies last.

## MEMBER-OWNER ANNUAL MEETING

TUESDAY, SEPTEMBER 17  
5:30-7:30 PM | TROVE BREWING

Be sure to attend our annual meeting for a recap of what your co-op has accomplished in the past year, what lies ahead and the announcement of Board of Directors Election winners!

We are happy to announce this year's Annual Meeting will be at Trove Brewing in Burnsville. Attendees will receive 1 drink ticket, delicious food from Gastrotruck and hear from panelists representing local businesses we carry in store to discuss sustainability.



SCAN TO RSVP

RSVP by Sunday, August 25 to save your spot! \$5 fees to RSVP will be reimbursed upon arrival at the annual meeting with a Valley Natural Foods coupon.

Or visit: [www.valleynaturalfoods.com/annual-meeting-2024](http://www.valleynaturalfoods.com/annual-meeting-2024)

## REGISTER ROUND-UP

AUGUST '24 RECIPIENT



**Dakota**  
child and family clinic



Dakota Child and Family Clinic strives to bring quality health care to our community while removing as many barriers as possible. Formed and governed by patients and families, Dakota Child and Family Clinic is a Minnesota nonprofit corporation dedicated to promoting health in Dakota County, MN, and the surrounding areas. The clinic will be provides healthcare to children and families in the community, regardless of their ability to pay.