



Member-Owner Deals

Sept 18 - Oct 1

Produced in Owatonna, MN



3.29

Revolution Greens
Salad Blends
Select Varieties
4 oz.



Reg. 3.99

Raised on MN Farms



7.49/lb.

Valley Natural Foods
Natural Beef Chuck Short Ribs



Reg. 8.49/lb.



7.99

Midwest Juicery
Cold-Pressed Fresh Juice
Select Flavors
12 oz.

Reg. 8.99

Produced In-House



4.49/lb.

Deli Fresh
Mashed Potatoes

Reg. 5.49/lb.

Produced in St. Paul, MN



5.99

Janet's Finest
Jalapeno Compotes
Peach Berry, Mixed Berry,
Mango Berry, Blueberry
5.5 oz.

Reg. 6.99

*Sales good while supplies last.



Valley NATURAL FOODS™



Member-Owner Deals

Sept 18 - Oct 1



35.99

Nordic Naturals
Omega Memory
60 ct.

Reg. 47.99



99.99

CV Sciences
+PlusCBD
Maximum Strength
60 ct.

Reg. 142.99

REGISTER ROUND-UP

SEPTEMBER REGISTER ROUND-UP CONTRIBUTIONS GO TO:



BrainPower
In a Backpack
District 191's Hungry Relief Program

BRAINPOWER IN A BACKPACK IS A WEEKEND HUNGER RELIEF PROGRAM PROVIDING WEEKEND FOOD PACKAGES FOR DISTRICT 191 STUDENTS IN PRESCHOOL, ELEMENTARY, MIDDLE SCHOOL AND HIGH SCHOOL WHOSE FAMILIES STRUGGLE TO PUT ENOUGH FOOD ON THE TABLE.