



Member-Owner Deals

Jan 1-14

Freshly made in-house



9.99/lb.

Deli Fresh
Red Curry Tofu Salad

Reg. 11.99/lb.



4.99

Horizon
Organic
American Singles
8 oz.

Reg. 6.49



2/\$6

So Good So You
Cold Pressed Juice Shots
Assorted Varieties
1.7 oz.

Reg. 3.99



14.99/lb.

Just Fish
Wild-Caught
Alaskan Sockeye Salmon Fillet - Frozen

Reg. 16.99/lb.



5.99

Alter Eco
Organic Granola
Cinnamon Raisin
Dark Chocolate
Cashew Butter
8 oz.

Reg. 7.49

*Sales good while supplies last.



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Egglife
Original Egg White Wrap
6 oz.

5.99
Reg. 6.99

Member-Owner Deals

Mama Chia
Blackberry Bliss Chia Squeeze
3.5 oz.

1.69
Reg. 2.29

Look for additional Member-Owner Deals on selected items from the following brands:

- Abbot Butcher
- Fody
- Magic Spoon
- Mamma Chia
- Miracle Noodle
- No Bull Burgers
- Olyra
- Rind Snacks
- Suckerpunch
- Three Wishes

Not a member-owner? Start enjoying the benefits of co-op member-ownership by joining today!



www.valleynaturalfoods.com/signup

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REGISTER ROUND-UP

JANUARY REGISTER ROUND-UP CONTRIBUTIONS GO TO:



Farmaste rescues farm animals from cruelty situations, where they receive vet care and live happy lives on the sanctuary.