

# Member-Owner Deals

Apr 2-15



**3.99**

**Organic White Mushrooms**  
8 oz.

Reg. 4.99

*Freshly Made In-House*



**7.99**

**Deli Fresh Half Quiche**  
Spinach & Swiss, Ham & Swiss, Broccoli & Cheddar

Reg. 9.99



**3.99**

**Earthbound Farms Organic Baby Spinach**  
5 oz.

Reg. 4.79

*Local from MN*

**14.99**

**Tapestry Coffee**  
Whole Bean Coffee Loom, Abstract and Fringe Blends - 12 oz.

Reg. 16.99

*NEW!*



*Local from IA*

**6.99**

**Beeler's Pork Fully Cooked Sausage Links**  
16 oz.

Reg. 8.99

*NEW!*

**3.59**

**Humble Organic Potato Chips**  
The Original, Creamy Dill, Sea Salt & Cider Vinegar, Smokey BBQ  
5 oz.

Reg. 4.79



**13.99/lb.**

**EMMI Kaltbach Gruyere cheese**

Reg. 15.99/lb.



**3.99**

**Wholly Wholesome Frozen Traditional Pie Crust**  
9-inch

Reg. 6.99

\*Sales good while supplies last.



# Member-Owner Deals

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## 21.99

**Lady May Tallow**

Unscented Tallow Skin Cream,  
Unscented Whipped Grass-Fed Tallow  
9 oz.

Reg. 23.99



## 10.99

**ESW Beauty**

Advanced Smoothing Lip Treatment  
Guava Mango, White Pitaya Coconut,  
Vanilla Almond Butter Smoothie  
0.51 fl. oz.

Reg. 11.99

# REGISTER ROUND-UP

APRIL REGISTER ROUND-UP CONTRIBUTIONS GO TO:

**Partnership Garden**



**SCHOOL OF ENVIRONMENTAL STUDIES**



April's Register Round-Up Recipient is the Partnership Garden at the School of Environmental Studies in Apple Valley. The Partnership Garden aims to build a diverse and collaborative community, and creates an environment where gardeners can learn, share and teach each other about gardening.

Look for additional Member-Owner Deals on selected items from the following brands:



- Abbot Butcher
- Aiya
- Better Booch
- Go Raw
- Lovebird
- Mamma Chia
- Manitoba Harvest
- Pachamama
- Sea Tales
- Sunfood SuperFoods

\*Sales good while supplies last.

Not a member-owner? Start enjoying the benefits of co-op member-ownership by joining today!

[www.valleynaturalfoods.com/signup](http://www.valleynaturalfoods.com/signup)

