



Member-Owner Deals

April 1- 14



3.99

Organic Sliced White Mushrooms
8 oz.

Reg. 4.99



8.99/ea.

Deli Fresh

Quiche Halves
Ham & Swiss, Broccoli Cheddar,
Spinach & Swiss

Reg 9.99/ea.



4.99/ea.

Organic Pineapple

Reg. 6.99



4.99

Vital Farms Liquid Egg
16 oz.

Reg. 7.99



8.99

Beeler's Guanciale Bacon
Hickory or Peppered
12 oz.

Reg. 9.99



9.99

Velvet Bees Honey Butter
8 oz.

Reg. 10.99



8.99/ea.

Bakery Fresh
Banana Bread
Picnic Cake

Reg. 10.99/ea.



*Sales good while supplies last.



Member-Owner Deals

April 1- 14



2/\$20

Cannedota
Delta 9 Gummies
10 ct.



Reg. 14.99



10.99

Salt Works
Premium Epsom Salt
5 lb.

Reg. 14.99

REGISTER ROUND-UP

THIS MONTH, ROUND-UP CONTRIBUTIONS WILL GO TO :



sustainable farming association

Sustainable Farming Association's vision is a vibrant Midwest where regenerative farms, rural communities, and the land thrive. Their mission is to transform agriculture one farm at a time.



Look for additional Member-Owner Deals on selected items from the following brands:



- ALTER ECO
- BARE FRUIT
- BETTER BOOCH
- BIG TREE
- CAD0
- FODY
- ICE CREAM FOR BEARS
- LOVE CHILD ORGANICS
- MAMMA CHIA
- MANITOBA HARVEST
- MELORA
- MRS MILLERS
- OTTOS NATURALS
- PACHAMAMA
- POPCHIPS
- RUN AMOK
- SANDERS
- SUNBUTTER
- SUNFOOD SUPERFOODS

*Sales good while supplies last.

Not a member-owner?
Start enjoying the benefits of co-op member-ownership by joining today!

SCAN QR CODE TO LEARN MORE

www.valleynaturalfoods.com/signup

