

Member-Owner Deals

Mar 4-17



4.99
Organic
Brussels Sprouts
1 lb. bagged

Reg. 6.99



4.99
Organic
Broccoli Florets
9 oz. bagged

Reg. 5.99



6.49/lb.
Deli Fresh
Colcannon

Reg. 7.49/lb.



12.99/lb.
Valley Natural Foods
100% Grass-Fed
Chuck Roast

Reg. 13.99/lb.



5.99
Bob's Red Mill
Organic Gluten-Free
Rolled Oats
32 oz. Reg. 9.99



4.49
Bob's Red Mill
Organic Rolled Oats
32 oz. Reg. 8.99



5.99
Kerrygold
Dubliner Cheese
7 oz. Reg 6.99



4.99
Tosi
Organic Crispy Snack Puffs
Salty Sweet, Everything,
Cinnamon Apple
3 oz. Reg. 6.49



5.99
Bakery Fresh
Cupcakes
4pk. Reg. 6.99

*Sales good while supplies last.



Member-Owner Deals

Mar 4-17



20% off

Slow Burn
Handmade
Beeswax Candles



29.99

Nutrex
Pure Hawaiian Spirulina
Gummies - 60 ct.

Reg. 34.99

REGISTER ROUND-UP

THIS MONTH, ROUND-UP CONTRIBUTIONS WILL GO TO :



A FRESH APPROACH TO ENDING LOCAL HUNGER

The Open Door is a hunger relief organization dedicated to ending local hunger through access to healthy food. As the largest food shelf in Dakota County, The Open Door serves roughly 14,000 Dakota County residents each month through a combination of innovative programs.

Look for additional Member-Owner Deals on selected items from the following brands:



- ALECS
- BLUE ZONES KITCHEN
- BLUE ZONES KITCHEN
- CUCINA AND AMORE
- CUCINA ANTICA
- EVERY BODY EAT
- HEAVENLY ORGANICS
- IMMI
- LENNY & LARRY'S
- OLYRA
- POP & BOTTLE
- REBEL GREEN
- SEA TALES
- WATKINS
- ZOUP

*Sales good while supplies last.

Not a member-owner?
Start enjoying the
benefits of co-op
member-ownership
by joining today!



www.valleynaturalfoods.com/signup