



Member-Owner Deals

Sept. 2-15



3.99
Earthbound Farms
Vegetable Medley,
Cauliflower or Broccoli
Florets - 9 oz.

Reg. 4.99



7.99
Sacred Blossom
Living Herbal Teas
All Varieties
1.4 oz. - 2 oz.

Reg. 10.99



6.99/lb.
Valley Natural Foods
Buffalo Wings

Fully Cooked, Ready to Heat!

Reg. 8.99/lb.



10.99
Talia Di Napoli
Frozen Neapolitan Pizza
Mozzarella or Margherita
14.1 oz.

Reg. 15.99



6.99
Thousand Hills
Regenerative Agriculture
Beef Hot Dogs & Franks,
Stadium Brats, Wild Rice
& Cheddar Brats
10 oz.

Reg. 8.99



7.49
Deli Fresh
Wraps
Cashew Chicken
Cranberry Chicken
Blackened Chicken,
Chicken Bacon Caesar

Reg. 9.99



2.49
Mountain Valley
Sparkling or
Spring Water
33.8 fl. oz.

Reg. 3.49



9.99/lb.
Maple Leaf
Cranberry White
Cheddar Cheese

Reg. 12.99/lb.



2/\$7
Siete
Grain Free Tortilla Chips
Selected Varieties - 5 oz.

Reg. 5.99

*Sales good while supplies last.



Member-Owner Deals

Sept. 2-15



20% off

Anima Mundi Apothecary

All Items

2-8 oz. and 60 ct.



17.99

Puremedy
Black Drawing
1 oz.

Reg. 27.99



17.99

Puremedy
Soothe Your Nerves
Shingles Ointment
1 oz.

Reg. 27.99



31.99

Puremedy
Intensive Skin Repair
Eczema Psoriasis
Ointment - 2 oz.

Reg. 41.99

REGISTER ROUND-UP

THIS MONTH, REGISTER ROUND-UP CONTRIBUTIONS WILL GO TO:



YOUR REGISTER ROUND-UP DOLLARS THIS MONTH WILL SUPPORT MIDWEST FOOD CONNECTION, AN ORGANIZATION THAT TEACHES KIDS ABOUT WHERE OUR FOOD COMES FROM, THE IMPORTANCE OF EATING HEALTHY AND CARING FOR OUR PLANET.

THANK YOU FOR ROUNDING-UP YOUR PURCHASE!

Look for additional Member-Owner Deals on selected items from the following brands:



- DM MUSHROOMS
- FODY
- HIYO
- LE PAIN DES FLEURS
- LIVE SODA
- LOVE CHILD ORGANICS
- MAMMA CHIA
- MISSY JS
- MRS MILLERS
- OLYRA
- RIEGA
- SAVERNE
- VERMINTS

*Sales good while supplies last.

Not a member-owner? Start enjoying the benefits of co-op member-ownership by joining today!

SCAN QR CODE
TO LEARN MORE



www.valleynaturalfoods.com/signup